

# 2018 Michigan HS Outdoor Track Elite Girls

Includes all meets, including out-of-state and post-season events.

**ELIGIBILITY: A reminder that Michtrack year lists and all-time lists have ALWAYS included any high school age athlete whether or not they compete for their high schools.**

+ = converted time; # (after time = en route time recorded on way to longer distance); (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know. Splits need to add to the total official time, so occasionally I will add a tenth or two, usually to the first runner.

Wind: Get a freaking wind gauge and report wind readings with your sprint times. Otherwise I decide what's windy and what's not and you don't get to complain. Seriously, they're \$15 with free shipping on eBay! Love it when coaches say they care about giving accurate feedback to their athletes but they won't spend the \$15.

To make corrections: send a note to [jeffhollobaugh@aol.com](mailto:jeffhollobaugh@aol.com)

## Updated 8/2

### 100 METERS

11.47	Grace Stark (White Lake Lakeland)11	Greensboro/New Balance (0.8).....	6/16/2018
11.73	Stark	Greensboro/New Balance (h) (-0.3) .....	6/16/2018
11.74	Stark	Kentwood/D1 State (1.7) .....	6/ 2/2018
11.77	Stark	Novi/Oakland County (-0.7).....	5/25/2018
11.80	Stark	Olivet/USATF Junior Olympic Regional.....	7/ 8/2018
11.89	Qe'neisha Young (East Kentwood)10	Macomb/MITCA D1 (-1.6) .....	5/26/2018
11.92	Amani Nuels (Jackson)11	Des Moines/AAU Junior Olympics (s) (-1.7) 8/ 1/2018	
11.93	Young	Kentwood/D1 State (1.7).....	6/ 2/2018
11.95	Britten Bowen (Ann Arbor Pioneer)12	Hillsdale/Last Chance .....	5/10/2018
11.95	Kaila Jackson (Detroit Grand River)8	Des Moines/AAU Junior Olympics (h) (0.3) 7/30/2018	
11.96	Mizan Thomas (Detroit Renaissance)12	Kentwood/D1 State (h) (2.0).....	6/ 2/2018
12.04	Jade Sabir (Canton)11	Des Moines/AAU Junior Olympics (h) (0.8) 7/30/2018	
12.06	Aasia Laurencin (Oak Park)10	Des Moines/AAU Junior Olympics (h) (0.9) 7/30/2018	
12.07	Payten Williams (Bridgeport)11	Des Moines/AAU Junior Olympics (s) (-1.7) 8/ 1/2018	
12.10	Miyah Brooks (Oak Park)12	Kentwood/D1 State (1.7).....	6/ 2/2018
12.11	Mackenzie Fields (Berkley)11	Kentwood/D1 State (1.7).....	6/ 2/2018
12.14	Priscilla Trainor (Lansing Waverly)10	East Lansing/Greater Lansing.....	5/29/2018
12.20	Reghan Draper (Plymouth)11	Kentwood/D1 State (1.7).....	6/ 2/2018
12.20	Leeah Burr (Livonia Franklin)10	Des Moines/AAU Junior Olympics (s) (-0.9) 8/ 1/2018	
12.22	Reynei Wallace (Clinton Twp Chippewa Valley)11	Des Moines/AAU Junior Olympics (h) (0.5) 7/30/2018	
12.25	BreeAna Bates (Dearborn Ford)9	Canton/D1 Regional.....	5/18/2018
12.26	Comari Hawkins (Grand Blanc East MS)8	Des Moines/AAU Junior Olympics (h) (0.8) 7/30/2018	
12.32	Olivia Jenkins (Ypsilanti?)8?	Des Moines/AAU Junior Olympics (s) (-0.4) 8/ 1/2018	
12.37	Jillian Roney (Rockford)11	Kentwood/D1 State (h) (-0.2) .....	6/ 2/2018
12.38	Tori Carroll (Detroit Cass Tech)11	Detroit/AAU Regional (h).....	6/30/2018
12.40	Timia Robinson (Lansing Everett)12	East Lansing/Greater Lansing.....	5/29/2018
12.44	Chika Amene (Southfield Christian)12	Hudsonville/D4 State (1.7) .....	6/ 2/2018
<b>Wind-aided:</b>			
11.74	Miyah Brooks (Oak Park)12	Dearborn/Carpenter Inv .....	5/ 5/2018
11.83	Alona Olshevska (Westland Glenn)12	Dearborn/Carpenter Inv .....	5/ 5/2018
11.87	Grace Stark (White Lake Lakeland)11	Kentwood/D1 State (h) (2.5).....	6/ 2/2018
11.96	Alexis Officer (Detroit Country Day)12	Dearborn/Carpenter Inv .....	5/ 5/2018
12.06	Payten Williams (Bridgeport)11	Zeeland/D2 State (2.2).....	6/ 2/2018
12.28	BreeAna Bates (Dearborn Ford)9	Kentwood/D1 State (h) (2.5).....	6/ 2/2018
12.29	Reynei Wallace (Clinton Twp Chippewa Valley)11	Kentwood/D1 State (h) (2.5).....	6/ 2/2018
12.36	Hailey Barden (Utica Eisenhower)12	Rochester Hills/D1 Regional (4.8).....	5/18/2018
12.41	Mone Knowles (Utica)11	Kentwood/D1 State (h) (2.5).....	6/ 2/2018

**Hand-timed:**

11.5	Grace Stark (White Lake Lakeland)11	Waterford/tri .....	4/10/2018
12.0	Asia Laurencin (Oak Park)10	Royal Oak/tri .....	4/25/2018

**Questionable hand-time:**

12.0	Jordan Boltres (Forest Hills Central)11	Grand Rapids/quad .....	4/24/2018
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**200 METERS**

24.20	Asia Laurencin (Oak Park)10	Des Moines/AAU Junior Olympics (h) (1.8)	7/31/2018
24.25	Kaila Jackson (Detroit Grand River)8	Des Moines/AAU Junior Olympics (h) (1.1)	7/31/2018
24.36	Leeah Burr (Detroit MS)8	Des Moines/AAU Junior Olympics (s) (1.4)	. 8/ 2/2018
24.39	Payten Williams (Bridgeport)11	Olivet/USATF Junior Olympic Regional.....	7/ 8/2018
24.47	Laurencin	Novi/Oakland County (0.0).....	5/25/2018
24.52	Laurencin	Des Moines/AAU Junior Olympics (s) (-0.4)	8/ 2/2018
24.57	Alona Olshevsk (Westland Glenn)12	Canton/D1 Regional (h) .....	5/18/2018
24.60	Laurence	Kentwood/D1 State (h) (-0.2) .....	6/ 2/2018
24.64	Laurencin	Kentwood/D1 State (0.7).....	6/ 2/2018
24.68	Laurencin	Greensboro/New Balance (h) (1.3) .....	6/17/2018
24.68	Comari Hawkins (Grand Blanc East MS)8	Des Moines/AAU Junior Olympics (s) (1.4)	. 8/ 2/2018
24.73	Williams	Zeeland/D2 State (1.3).....	6/ 2/2018
24.77	Priscilla Trainor (Lansing Waverly)10	Lansing/D1 Regional .....	5/18/2018
24.77	Jackson	Detroit/AAU Regional (h).....	6/30/2018
24.78	Mackenzie Fields (Berkley)11	Des Moines/AAU Junior Olympics (s) (-0.8)	8/ 2/2018
24.80	Jade Sabir (Canton)11	Kentwood/D1 State (0.7).....	6/ 2/2018
24.81	Laurencin	Jackson/Janke Inv (-0.4).....	4/27/2018
24.81	Amani Nuels (Jackson)11	Kentwood/D1 State (h) (-0.2) .....	6/ 2/2018
24.82	Sabir	Kentwood/D1 State (h) (0.2).....	6/ 2/2018
24.82	Hawkins	Des Moines/AAU Junior Olympics (h) (1.3)	7/31/2018
24.83	Fields	Kentwood/D1 State (h) (-0.2) .....	6/ 2/2018
24.84	Trainor	Kentwood/D1 State (h) (0.9).....	6/ 2/2018
24.84	Williams	Olivet/USATF Junior Olympic Regional (h)	. 7/ 8/2018
24.87	Laurencin	West Bloomfield/D1 Regional.....	5/19/2018
24.87	Reynei Wallace (Clinton Twp Chippewa Valley)11	Kentwood/D1 State (h) (0.2).....	6/ 2/2018
24.88	Olshevsk	Dearborn/Carpenter Inv .....	5/ 5/2018
24.91	Reghan Draper (Plymouth)11	Kentwood/D1 State (h) (0.9).....	6/ 2/2018
24.91	Taylor Korytkowski (Rockford)10	Des Moines/AAU Junior Olympics (h) (0.5)	7/31/2018
24.95	Chloe' Vines (Farmington Hills East)8	Des Moines/AAU Junior Olympics (s) (1.7)	. 8/ 2/2018
25.01	Qe'neisha Young (East Kentwood)10	Macomb/MITCA D1 .....	5/26/2018
25.08	Priscilla Trainor (Lansing Waverly)10	East Lansing/Greater Lansing.....	5/29/2018
25.11	Isabella Davis (Rochester Hills Stoney Creek)11	Kentwood/D1 State (h) (0.9).....	6/ 2/2018
25.17	Alexis Officer (Detroit Country Day)12	Zeeland/D2 State (1.3).....	6/ 2/2018
25.19	Mone Knowles (Utica)11	Kentwood/D1 State (h) (-0.2) .....	6/ 2/2018
25.31	Donae Adams (Detroit Renaissance)11	West Bloomfield/D1 Regional (h) .....	5/19/2018
25.38	Imani Jackson (Detroit Renaissance)10	Des Moines/AAU Junior Olympics (h) (0.0)	7/31/2018
25.40	Tiffanie Hollingsworth (South Lyon East)11	Zeeland/D2 State (1.3).....	6/ 2/2018
25.43	Hailey Barden (Utica Eisenhower)12	Rochester Hills/D1 Regional (1.5).....	5/18/2018
25.43	BreeAna Bates (Dearborn Edsel Ford)9	Belleville/WWAC .....	5/23/2018

**Wind-aided:**

23.83	Kaila Jackson (Detroit Grand River)8	Des Moines/AAU Junior Olympics (s) (2.5)	. 8/ 2/2018
24.32	Aasia Laurencin (Oak Park)10	Dearborn/Carpenter Inv .....	5/ 5/2018
24.57	Leeah Burr (Detroit MS)10	Des Moines/AAU Junior Olympics (h) (2.8)	7/31/2018
24.80	Mackenzie Fields (Berkley)11	Des Moines/AAU Junior Olympics (h) (3.4)	7/31/2018
24.99	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Ann Arbor/tri .....	5/ 1/2018
25.19	Chika Amene (Southfield Christian)12	Hudsonville/D4 State (h) (6.0).....	6/ 2/2018
25.23	Lauryn Hunt (Saline)10	Ann Arbor/tri .....	5/ 1/2018

**Hand-timed, wind-aided:**

23.9	Alona Olshevsk (Westland Glenn)12	Livonia/tri.....	5/ 1/2018
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**400 METERS**

55.12	Miyah Brooks (Oak Park)12	Kentwood/D1 State .....	6/ 2/2018
55.18	Clare McNamara (Northville)10	Greensboro/New Balance .....	6/17/2018
55.67	McNamara	Kentwood/D1 State .....	6/ 2/2018
56.56	Imani Jackson (Detroit Renaissance)10	Kentwood/D1 State .....	6/ 2/2018

56.76	Isabella Davis (Rochester Hills Stoney Creek)11	Kentwood/D1 State .....	6/ 2/2018
56.84	Jada Roundtree (Oak Park)9	Novi/Oakland County .....	5/25/2018
57.05	Emma Fountain (Ludington)11	Muskegon/WM All-Star .....	5/23/2018
57.12	Melanie Helder (Hudsonville)12	Comstock Park/Metro Health .....	5/23/2018
57.14	Lauryn Hunt (Saline)10	Kentwood/D1 State .....	6/ 2/2018
57.26	Chloe' Vines (Farmington Hills East)8	Detroit/AAU Regional .....	6/30/2018
57.33	Amari Newsom (Detroit Cass Tech)12	Grosse Pointe/D1 Regional .....	5/18/2018
57.35	Priscilla Trainor (Lansing Waverly)10	Lansing/D1 Regional .....	5/18/2018
57.41	Damenica Rooks (Detroit Cass Tech)10	Detroit/PSL .....	5/23/2018
57.52	Chika Amene (Southfield Christian)12	Novi/Oakland County .....	5/25/2018
57.53	Angela Kotecki (Beal City)9	Hudsonville/D4 State .....	6/ 2/2018
57.61	Comari Hawkins (Grand Blanc East MS)8	Detroit/AAU Regional .....	6/30/2018
57.63	Amber Gall (Shepherd)11	Alma/Mid-Michigan MOC .....	5/29/2018
57.75	Leeah Burr (Detroit MS)8	Detroit/AAU Regional .....	6/30/2018
57.82	Nala Barlow (Detroit Cody)12	Zeeland/D2 State .....	6/ 2/2018
57.86	Jada Sabir (Canton)11	Kentwood/D1 State .....	6/ 2/2018
58.07	Andee Kimes (Mason County Central)11	Muskegon/WM All-Star .....	5/23/2018
58.14	Mackenzie Sullivan (Farmington Hills Mercy)9	Novi/Oakland County .....	5/25/2018
58.26	Emily Endebrook (Howell)11	Zeeland/D2 State .....	6/ 2/2018
58.28	Reynei Wallace (Clinton Twp Chippewa Valley)11	Kentwood/D1 State .....	6/ 2/2018
58.36	Bryce Calka (Brighton)9	Milford/D1 Regional .....	5/18/2018
58.37	Makayla Gates (Oak Park)12	Kentwood/D1 State .....	6/ 2/2018
58.38	Mariel Bruxvoort (GR South Christian)12	Comstock Park/Metro Health .....	5/23/2018
58.38	Taylor Korytkowski (Rockford)10	Macomb/MITCA D1 .....	5/26/2018
58.38	Zsofia Hull (Ann Arbor Skyline)10	Kentwood/D1 State .....	6/ 2/2018
58.39	Donae' Adams (Detroit Renaissance)11	Detroit/AAU Regional .....	6/30/2018
58.59	Gabrielle Jeffries (Bloomfield Hills East MS)7	Detroit/AAU Regional .....	6/30/2018
58.63	Lucy Petee (Mason)10	St Johns/dual .....	5/ 1/2018
58.66	Hannah Bodus (Richland Gull Lake)10	Lansing/D1 Regional .....	5/18/2018
58.75	Renae Kutcha (Jackson Lumen Christi)9	Comstock Park/D3 State .....	6/ 2/2018
58.79	Lily Kelsey (Davison)12	Midland/D1 Regional .....	5/18/2018
58.83	Jakarri Alven (GR Catholic Central)11	Grand Rapids/Elite Challenge .....	4/28/2018
58.86	Asia Smith (Flushing)11	Midland/D1 Regional .....	5/18/2018
58.92	Alexandra Hanson (Brown City)	Clare/MITCA D3 .....	5/26/2018
58.93	Alona Olshevska (Westland Glenn)12	Saline/Golden Triangle .....	5/ 4/2018
58.96	Madylin VanderZwaag (Holland Christian)12	Zeeland/D2 State .....	6/ 2/2018

### 800 METERS

2:08.75	Katie Osika (Waterford Mott)12 (63.07/65.68)	Greensboro/New Balance .....	6/17/2018
2:08.88	Osika	Kentwood/D1 State .....	6/ 2/2018
2:09.28	Melanie Helder (Hudsonville)12	Kentwood/D1 State .....	6/ 2/2018
2:09.70	Osika	Rochester Hills/D1 Regional .....	5/18/2018
2:10.22	Dorriann Coleman (Oak Park)12	Kentwood/D1 State .....	6/ 2/2018
2:10.53	Osika (66.19/64.34)	East Lansing/Midwest Meet .....	6/ 9/2018
2:11.46	Megan Worrel (Troy)12	Dexter/Steeb Inv .....	5/29/2018
2:11.51	Victoria Heiligenthal (Milford)11 (65.42/66.09)	Greensboro/New Balance .....	6/17/2018
2:11.53	Coleman	Novi/Oakland County .....	5/25/2018
2:11.74	Osika	Farmington/New Balance Inv .....	5/ 5/2018
2:11.83	Anne Forsyth (Ann Arbor Pioneer)12	Dexter/Steeb Inv .....	5/29/2018
2:12.14	Heiligenthal	Kentwood/D1 State .....	6/ 2/2018
2:12.29	Helder	East Lansing/Midwest Meet .....	6/ 9/2018
2:12.34	Worrel	Kentwood/D1 State .....	6/ 2/2018
2:12.40	Forsyth	East Lansing/Midwest Meet .....	6/ 9/2018
2:12.46	Margaret Coney (EGrand Rapids)10 (63.76/68.71)	Greensboro/New Balance .....	6/17/2018
2:12.71	Allison Rand (Jackson L Christi)11 (65.20/67.52)	Greensboro/New Balance .....	6/17/2018
2:12.79	Coleman	Des Moines/AAU Junior Olympics (h) .....	7/30/2018
2:12.95	Worrel	Novi/Oakland County .....	5/25/2018
2:13.09	Gabby Hentemann (Grand Haven)11	Grand Rapids/Cougar Inv .....	4/21/2018
2:13.11	Worrel	Saline/Golden Triangle .....	5/ 4/2018
2:13.44	Judy Rector (Hanover-Horton)11	Comstock Park/D3 State .....	6/ 2/2018
2:13.45	Amber Gall (Shepherd)11	Comstock Park/D3 State .....	6/ 2/2018
2:13.47	Michelle Kuipers (Holland Christian)10	Comstock Park/Metro Health .....	5/23/2018

2:13.49	Kuipers	Zeeland/D2 State	6/ 2/2018
2:13.52	Kayla Windemuller (Holland Christian)12	Comstock Park/Metro Health	5/23/2018
2:13.52	Coleman	West Bloomfield/D1 Regional	5/19/2018
2:13.76	Taryn Chapko (St Johns)10	Zeeland/D2 State	6/ 2/2018
2:13.81	Gabrielle Swider (Livonia Churchill)12	Dexter/Steeb Inv	5/29/2018
2:13.82	Sophie Novak (Lake Orion)9	Novi/Oakland County	5/25/2018
2:13.99	Karenna Duffey (L'Anse Creuse North)12	Kentwood/D1 State	6/ 2/2018
2:14.05	Katherine Forsyth (Royal Oak)12	West Bloomfield/D1 Regional	5/19/2018
2:14.37	Adelyn Ackley (Hart)11	Muskegon/WM All-Star	5/23/2018
2:14.79	Erika Rapp (Pinckney)11	Kentwood/D1 State	6/ 2/2018
2:15.01	Lauren Freeland (Kent City)11	Comstock Park/D3 State	6/ 2/2018
2:15.04	Lauren Buckner (Southgate Anderson)12	Kentwood/D1 State	6/ 2/2018
2:15.09	Lucy Petee (Mason)10	Mason/D2 Regional	5/18/2018
2:15.30	Jayla Jones (Oak Park)10	Novi/Oakland County	5/25/2018
2:15.47	Abby Buitenhuis (Grand Haven)11	Muskegon/WM All-Star	5/23/2018
2:15.62	Caitlin Rose (Grand Blanc)11	Rochester Hills/D1 Regional	5/18/2018
2:15.65	Anya Turner (Farmington Hills Harrison)11	Kentwood/D1 State	6/ 2/2018
2:15.71	Thea Johnson (Saugatuck)11	Comstock Park/D3 State	6/ 2/2018
2:15.99	Mariyah Archibald (Oak Park)12	Novi/Oakland County	5/25/2018
2:16.31	Samantha Saenz (Concord)12	Hudsonville/D4 State	6/ 2/2018
2:17.26	Hannah Palomino (Troy)12	Saline/Golden Triangle	5/ 4/2018
2:17.26	Allison Ziehl (Rochester Hills Stoney Creek)11	Rochester Hills/D1 Regional	5/18/2018
2:17.27	Josie Arnold (Lake Orion)11	Novi/Oakland County	5/25/2018
2:17.28	Sophia Cunningham (Ann Arbor Pioneer)12	Saline/Golden Triangle	5/ 4/2018
2:17.38	Addison Kitley (Port Huron Northern)9	Kentwood/D1 State	6/ 2/2018
2:17.46	Sydney Nesbit (Bay City Western)12	Kentwood/D1 State	6/ 2/2018
2:17.56	Hannah Jones (Williamston)12	Corunna/D2 Regional	5/18/2018
2:17.59	Lauren Buckner (Southgate Anderson)12	Saline/D1 Regional	5/18/2018
2:17.60	Olivia Theis (Lansing Catholic)12	Corunna/D2 Regional	5/18/2018
2:17.95	Avery Stadt (Boyne City)10	Comstock Park/D3 State	6/ 2/2018
2:17.97	Klaudia O'Malley (McBain)11	Comstock Park/D3 State	6/ 2/2018

#### 1500 METERS

4:27.14	Anne Forsyth (Ann Arbor Pioneer)12	London/Runners Choice Series	6/16/2018
4:28.37#	Ericka VanderLende (Rockford)11	Kentwood/D1 State (1600)	6/ 2/2018
4:31.07#	Forsyth	Kentwood/D1 State (1600)	6/ 2/2018
4:31.4#	Kayla Windemuller (Holland Christian)12	Zeeland/D2 State (1600)	6/ 2/2018
4:31.81	Forsyth	Guelph/Speed River Inferno	6/14/2018
4:31.94#	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance (1M)	6/17/2018
4:34.45#	McCardell	Kentwood/D1 State (1600)	6/ 2/2018
4:35.8#	Olivia Theis (Lansing Catholic)12	Zeeland/D2 State (1600)	6/ 2/2018
4:36.3#	Samantha Saenz (Concord)12	East Lansing/Midwest Meet (1600)	6/ 9/2018
4:36.4#	Karenna Duffey (Mt Clemens L'Anse Creuse N)12	East Lansing/Midwest Meet (1600)	6/ 9/2018
4:36.89	Forsyth	Hillsdale/Gina Relays	4/27/2018
4:37.44#	Sielle Kearney (Traverse City Central)12	Kentwood/D1 State (1600)	6/ 2/2018
4:37.76	Rylee Robinson (Waterford Mott)12	Hillsdale/Gina Relays	4/27/2018
4:39.69#	Victoria Heiligenthal (Milford)11	Greensboro/New Balance (1M)	6/17/2018

#### 1600 METERS

4:45.17	Ericka VanderLende (Rockford)11	Kentwood/D1 State	6/ 2/2018
4:45.85	VanderLende	Grand Haven/D1 Regional	5/18/2018
4:48.22	Gabby Hentemann (Grand Haven)11	Grand Haven/dual	4/26/2018
4:48.28	Anne Forsyth (Ann Arbor Pioneer)12	Kentwood/D1 State	6/ 2/2018
4:48.42	Hentemann	Holland/OK Red	5/14/2018
4:49.07+	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance (4:50.75)	6/17/2018
4:49.55	Katie Osika (Waterford Mott)12	Novi/Oakland County	5/25/2018
4:49.55	Kayla Windemuller (Holland Christian)12	Zeeland/D2 State	6/ 2/2018
4:50.09	McCardell	Novi/Oakland County	5/25/2018
4:50.34	VanderLende	Holland/OK Red	5/14/2018
4:50.58	VanderLende	Grand Haven/dual	4/26/2018
4:52.59	Judy Rector (Hanover-Horton)11	Comstock Park/D3 State	6/ 2/2018
4:53.13	Karenna Duffey (Mt Clemens L'Anse Creuse N)12	East Lansing/Midwest Meet	6/ 9/2018

4:54.03	Rylee Robinson (Waterford Mott)11	Novi/Oakland County .....	5/25/2018
4:54.33	Olivia Theis (Lansing Catholic)12	Zeeland/D2 State .....	6/ 2/2018
4:54.43	Victoria Heiligenthal (Milford)11	Novi/Oakland County .....	5/25/2018
4:54.64	Adelyn Ackley (Hart)11	Comstock Park/D3 State .....	6/ 2/2018
4:54.81	Sielle Kearney (Traverse City Central)12	Kentwood/D1 State .....	6/ 2/2018
4:54.87	Samantha Saenz (Concord)12	East Lansing/Midwest Meet .....	6/ 9/2018
4:54.95	Melanie Helder (Hudsonville)12	Holland/OK Red .....	5/14/2018
4:55.13	Caitlin Rose (Grand Blanc)11	Kentwood/D1 State .....	6/ 2/2018
4:55.92	Gabrielle Swider (Livonia Churchill)12	Kentwood/D1 State .....	6/ 2/2018
4:56.52	Lauren Freeland (Kent City)11	Comstock Park/D3 State .....	6/ 2/2018
4:56.68	Ana Barrott (Northville)12	Kentwood/D1 State .....	6/ 2/2018
4:57.68	Hannah Smith (Traverse City West)9	Traverse City/Record Eagle .....	5/29/2018
4:57.93	Kyla Christopher-Moody (West Bloomfield)11	Kentwood/D1 State .....	6/ 2/2018
4:58.11	Peyton Witt (Portage Northern)11	Kentwood/D1 State .....	6/ 2/2018
4:58.16	Amber Gall (Shepherd)11	Comstock Park/D3 State .....	6/ 2/2018

**MILE (no conversions):**

4:50.75	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance .....	6/17/2018
4:59.01	Anne Forsyth (Ann Arbor Pioneer)12	Saline/Golden Triangle .....	5/ 5/2018
4:59.93	Victoria Heiligenthal (Milford)11	Greensboro/New Balance .....	6/17/2018
5:01.56	Caitlin Rose (Grand Blanc)11	Greensboro/New Balance .....	6/15/2018
5:01.97	Judy Rector (Hanover-Horton)11	Saline/Golden Triangle .....	5/ 5/2018

**2000 STEEPLE**

8:05.62	Eryn Lewis (Parma Western)11	Detroit/AAU Regional .....	6/29/2018
8:19.37	Lewis	Des Moines/AAU Junior Olympics .....	8/ 1/2018
8:29.88	Mallory Emiegh (Allen Park)9	Detroit/AAU Regional .....	6/29/2018
8:44.13	Emiegh	Des Moines/AAU Junior Olympics .....	8/ 1/2018
9:10.43	Faith Jones (Dexter)9	Detroit/AAU Regional .....	6/29/2018
10:07.15	Jordyn Willis (Detroit Renaissance)12	Dayton/Roosevelt Memorial .....	5/ 4/2018

**3000 METERS**

9:19.3#	Erica VanderLende (Rockford)11	Shoreline/Brooks PR (2M).....	6/ 8/2018
9:32.4#	Anne Forsyth (Ann Arbor Pioneer)12	Kentwood/D1 State (3200) .....	6/ 2/2018
9:35.8#	VanderLende	Kentwood/D1 State (3200).....	6/ 2/2018
9:37.3#	Forsyth	Saline/Golden Triangle (3200).....	5/ 4/2018
9:38.82#	Olivia Theis (Lansing Catholic)12	Greensboro/New Balance (2M).....	6/16/2018
9:43.33#	Jaden Theis (Lansing Catholic)10	Greensboro/New Balance (2M).....	6/16/2018
9:55.0#	Rachel McCardell (Birmingham Seaholm)12	East Lansing/Midwest Meet (3200) .....	6/ 9/2018

**3200 METERS**

9:56.5#	Erica VanderLende (Rockford)11 (4:58.7/5:01.2)	Shoreline/Brooks PR (9:59.92).....	6/ 8/2018
10:03.95	Olivia Theis (Lansing Catholic)12	Shepherd/Bluejay Inv .....	5/ 4/2018
10:05.01	VanderLende	Shepherd/Bluejay Inv .....	5/ 4/2018
10:08.07	Anne Forsyth (Ann Arbor Pioneer)12 (5:07.7/5:00.4)	Kentwood/D1 State .....	6/ 2/2018
10:12.26	VanderLende	Kentwood/D1 State .....	6/ 2/2018
10:13.37	Adelyn Ackley (Hart)11	Shepherd/Bluejay Inv .....	5/ 4/2018
10:13.76	Forsyth (5:04.6/5:09.2)	Saline/Golden Triangle .....	5/ 4/2018
10:15.75	VanderLende	East Lansing/Spartan Classic .....	4/27/2018
10:16.04	Jaden Theis (Lansing Catholic)10	Shepherd/Bluejay Inv .....	5/ 4/2018
10:18.16+	O. Theis (5:02.50/5:19.26)	Greensboro/New Balance (10:21.76).....	6/16/2018
10:21.17	Vander Lende	Rockford/dual .....	3/26/2018
10:21.83+	J. Theis (5:07.05/5:18.40)	Greensboro/New Balance (10:25.45).....	6/16/2018
10:27.22	Rylee Robinson (Waterford Mott)11	Shepherd/Bluejay Inv .....	5/ 4/2018
10:28.31	Forsyth	Ann Arbor/dual .....	4/24/2018
10:29.10	VanderLende	Grand Haven/D1 Regional .....	5/18/2018
10:29.86	Ackley	Muskegon/WM All-Star .....	5/23/2018
10:29.8	J. Theis	Mason/Inv .....	4/27/2018
10:30.71	Rachel McCardell (Birmingham Seaholm)12	East Lansing/Midwest Meet .....	6/ 9/2018
10:33.62	Hannah Smith (Traverse City West)9	Kentwood/D1 State .....	6/ 2/2018
10:36.63	Peyton Witt (Portage Northern)	Kentwood/D1 State .....	6/ 2/2018

10:39.74	Sielle Kearney (Traverse City Central)12	Kentwood/D1 State .....	6/ 2/2018
10:41.17	Alexa Keiser (Fenton)10	Kentwood/D1 State .....	6/ 2/2018
10:41.51	Kayla Windemuller (Holland Christian)12	Shepherd/Bluejay Inv .....	5/ 4/2018
10:45.12	Madeline Rehm (White Lake Lakeland)11	Saline/Golden Triangle .....	5/ 4/2018
10:48.33	Ana Barrott (Northville)12	Saline/Golden Triangle .....	5/ 4/2018
10:49.98	Yasmine Mansi (Northville)9	Saline/Golden Triangle .....	5/ 4/2018
10:50.01	Amber Gall (Shepherd)11	Shepherd/Bluejay Inv .....	5/ 4/2018
10:50.52	Anastasia Tucker (Midland Dow)11	Kentwood/D1 State .....	6/ 2/2018
10:50.70	Zofia Dudek (Ann Arbor Pioneer)9	Saline/Golden Triangle .....	5/ 4/2018
10:52.14	Makayla Perez (Southgate Anderson)12	Saline/Golden Triangle .....	5/ 4/2018
10:52.79	Lainey Veenkant (Clare)11	Comstock Park/D3 State .....	6/ 2/2018
10:54.75	Jessi Larson (Saline)12	Jackson/Janke Inv .....	4/27/2018
10:54.7	Arienne Olson (Holland West Ottawa MS)7	Holland/vs Holland Christian .....	5/ 3/2018
10:57.87	Rachel Kempf (Saginaw Heritage)12	East Lansing/Midwest Meet .....	6/ 9/2018
10:59.47	Lucy Karpukhno (Benzie Central)12	Shepherd/Bluejay Inv .....	5/ 4/2018
10:59.6	Makayla Perez (Southgate Anderson)12	Dearborn Heights/Charger .....	4/28/2018
<b>TWO MILES (no conversions)</b>			
9:59.92	Erica VanderLende (Rockford)11	Shoreline/Brooks PR .....	6/ 8/2018
10:21.76	Olivia Theis (Lansing Catholic)12	Greensboro/New Balance .....	6/16/2018
10:25.45	Jaden Theis (Lansing Catholic)10	Greensboro/New Balance .....	6/16/2018

### 5000 METERS

17:24.01	Makayla Perez (Southgate Anderson)12	Greensboro/New Balance .....	6/15/2018
17:50.97	Sielle Kearney (Traverse City Central)12	Greensboro/New Balance .....	6/15/2018
18:26.18	Madeline Rehm (White Lake Lakeland)11	Greensboro/New Balance .....	6/15/2018

### 100-METER HURDLES

13.16	Grace Stark (White Lake Lakeland)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
13.24	Stark	Greensboro/New Balance (-0.8) .....	6/16/2018
13.47	Stark	Novi/Oakland County (-2.1) .....	5/25/2018
13.54	Asia Laurencin (Oak Park)10	Kentwood/D1 State (1.7) .....	6/ 2/2018
13.57	Stark	Greensboro/New Balance (h) (-1.9) .....	6/16/2018
13.58	Stark	Milford/D1 Regional .....	5/18/2018
13.60	Stark	Shoreline/Brooks PR (-1.1) .....	6/ 8/2018
13.63	Stark	Detroit/AAU Regional .....	7/ 1/2018
13.68	Stark	Kentwood/D1 State (h) (1.7) .....	6/ 2/2018
13.70	Stark	Milford/dual .....	4/24/2018
13.72	Laurencin	Des Moines/AAU Junior Olympics (s) (-2.2) .....	8/ 1/2018
13.75	Laurencin	Des Moines/AAU Junior Olympics (1.6) .....	8/ 2/2018
13.77	Laurencin	Novi/Oakland County (-2.1) .....	5/25/2018
13.80	Laurencin	Detroit/AAU Regional .....	7/ 1/2018
13.85	Stark	Olivet/USATF Regional (h) .....	7/ 8/2018
13.86	Laurencin	Dearborn/Carpenter Inv (h) .....	5/ 5/2018
13.87	Stark	Novi/Oakland County (h) (-1.9) .....	5/25/2018
13.88	Laurencin	Greensboro/New Balance (h) (-0.1) .....	6/16/2018
13.94	Stark	White Lake/Coaches Inv .....	4/28/2018
13.95	Britten Bowen (Ann Arbor Pioneer)12	Long Beach/Beach Inv (1.1) .....	4/22/2018
13.97	Laurencin	Detroit/AAU Regional .....	6/30/2018
13.98	Stark	Olivet/USATF Regional .....	7/ 8/2018
13.99	Bowen	Hillsdale/Last Chance (1.7) .....	5/10/2018
14.39	Madison Eaton (Lake Orion)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.41	Melissa Symons (Lake Orion)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.45	Taylor Rucker (Berkley)12	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.50	Ahvon Mitchell (Detroit Country Day)10	Greensboro/New Balance (h) (1.4) .....	6/15/2018
14.53	Haven Essien (Salem)12	Canton/D1 Regional .....	5/18/2018
14.57	Lytic Spears (Allen Park)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.60	Jaylah Walton (Detroit Renaissance)10	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.68	Grace Johnson (Troy)10	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.68	Daijah Collier (East Kentwood)12	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.89	Mauriya Barnes (East Kentwood)11	Holland/OK Red .....	5/14/2018
14.90	Mariel Bruxvoort (GR South Christian)12	Wyoming/Grimm Inv .....	4/28/2018
14.97	Suenomi Norinh (Zeeland East)12	Zeeland/tri .....	4/23/2018

**Wind-aided:**

13.65	Aasia Laurencin (Oak Park)10	Dearborn/Carpenter Inv .....	5/ 5/2018
13.79	Britten Bowen (Ann Arbor Pioneer)12	Hillsdale/Last Chance (2.2) .....	5/10/2018
14.30	Melissa Symons (Lake Orion)11	Rochester Hills/D1 Regional (4.8) .....	5/18/2018
14.56	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance (hept) (2.2) .....	6/15/2018
14.61	Madison Eaton (Lake Orion)11	Rochester Hills/D1 Regional (4.8) .....	5/18/2018
14.64	Ahvon Mitchell (Detroit Country Day)10	Zeeland/D2 State (h) (2.4).....	6/ 2/2018

**Hand-timed:**

13.2	Grace Stark (White Lake Lakeland)11	Waterford/tri .....	4/10/2018
13.6	Stark	LVC Champs .....	5/11/2018
13.6	Aasia Laurencin (Oak Park)10	Royal Oak/tri .....	4/25/2018
13.8	Laurencin	Detroit/AAU Regional .....	7/ 1/2018

**100-METER LOW HURDLES (30")**

13.31	Grace Stark (White Lake Lakeland)12	Buenos Aires/Youth Olympics (st1) (0.3)...	10/11/2018
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**Wind-aided:**

12.83	Grace Stark (White Lake Lakeland)12	Buenos Aires/Youth Olympics (st2) (2.8)..	10/14/2018
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**200-METER HURDLES**

27.74	Morgan Atlas (Novi)9	Des Moines/AAU Junior Olympics (0.5) .....	7/31/2018
28.53	Emon Miles (Oak Park Prep MS)8	Des Moines/AAU Junior Olympics (1.6) .....	7/30/2018

**300-METER HURDLES**

43.02	Melissa Symons (Lake Orion)11	Kentwood/D1 State .....	6/ 2/2018
43.22	Lauren Fulcher (Troy)11	Kentwood/D1 State .....	6/ 2/2018
43.67	Symons	Novi/Oakland County .....	5/25/2018
43.76	Madison Eaton (Lake Orion)11	Kentwood/D1 State .....	6/ 2/2018
43.84	Mariel Bruxvoort (GR South Christian)12	East Grand Rapids/Classic .....	5/ 5/2018
43.97	Fulcher	Saline/Golden Triangle .....	5/ 5/2018
44.04	Symons	Rochester Hills/D1 Regional .....	5/18/2018
44.04	Jillian Roney (Rockford)11	Kentwood/D1 State .....	6/ 2/2018
44.12	Mauriya Barnes (East Kentwood)11	Macomb/MITCA D1 .....	5/26/2018
44.19	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Saline/Golden Triangle .....	5/ 5/2018
44.41	Taylor Rucker (Berkley)12	Novi/Oakland County .....	5/25/2018
44.52	Grace Johnson (Troy)10	Kentwood/D1 State .....	6/ 2/2018
44.74	Arabia Bacon (Battle Creek Harper Creek)12	Zeeland/D2 State .....	6/ 2/2018
44.86	Miyah Brooks (Oak Park)12	Oxford/Ball Inv.....	4/21/2018
44.89	Hannah Blakey (Farmington Hills Mercy)12	Kentwood/D1 State .....	6/ 2/2018
44.91	Suenomi Norinh (Zeeland East)12	Zeeland/D2 State .....	6/ 2/2018
45.15	McKenna Russell (Onsted)10	Comstock Park/D3 State .....	6/ 2/2018
45.32	Cassandra Campbell (Fenton)11	Kentwood/D1 State .....	6/ 2/2018
45.36	Hannah Hollister (Corunna)10	Zeeland/D2 State .....	6/ 2/2018
45.49	Taylor Rucker (Berkley)12	Ferndale/OAA Gold .....	5/ 9/2018
45.58	Makylah Slappy (Detroit Renaissance)12	Kentwood/D1 State .....	6/ 2/2018
45.77	Jada Roundtree (Oak Park)9	Oxford/Ball Inv.....	4/21/2018
45.85	Baleigh Irelan (Reading)12	Hudsonville/D4 State.....	6/ 2/2018

**Hand-timed:**

45.1	Madison Eaton (Lake Orion)11	Waterford/Ashley-Brennan Relays .....	4/29/2018
45.5	Melissa Symons (Lake Orion)11	Waterford/Ashley-Brennan Relays .....	4/29/2018
45.9	Lauren Fulcher (Troy)11	Waterford/Ashley-Brennan Relays .....	4/29/2018

**400-METER HURDLES**

62.46	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Des Moines/AAU Junior Olympics .....	7/31/2018
63.59	Madison Eaton (Lake Orion)11	Des Moines/AAU Junior Olympics .....	7/31/2018
63.64	Ahvon Mitchell (Detroit Country Day)10	Des Moines/AAU Junior Olympics .....	7/31/2018
65.92	Mauriya Barnes (East Kentwood)11	Greensboro/New Balance .....	6/17/2018
67.53	Aniya Myers (Detroit Cass Tech)10	Des Moines/AAU Junior Olympics (h) .....	7/30/2018
67.90	McKenna Wojcicki (Macomb Dakota)11	Detroit/AAU Regional .....	6/30/2018
68.14	Melissa Symons (Lake Orion)11	Olivet/USATF Regional .....	7/ 8/2018
68.28	Madelyn Allman (Quincy)10	Detroit/AAU Regional .....	6/30/2018

**HIGH JUMP**

5-9	Elizabeth Knoll (Muskegon Mona Shores)10	Muskegon/tri.....	4/25/2018
5-8	Suenomi Norinh (Zeeland East)12	Zeeland/D2 State .....	6/ 2/2018
5-7	Avery Budz (Dearborn Divine Child)10	Zeeland/D2 State .....	6/ 2/2018
5-6.5	Casey Lenon (Rockford)12	Holland/OK Red .....	5/14/2018
5-6	Hannah Hood-Blaxill (Novi)12	Kentwood/D1 State .....	6/ 2/2018
5-6	Selina Shi (Bloomfield Hills Cranbrook-K)11	Zeeland/D2 State .....	6/ 2/2018
5-6	Alyssa Horstman (Hudsonville Unity Christian)11	Zeeland/D2 State .....	6/ 2/2018
5-5	Grace Williamson (Unionville-Sebewaing)9	Unionville/Inv.....	4/24/2018
5-5	Jaycie Callaway (Otsego)12	South Haven/tri .....	5/ 2/2018
5-5	Braely Herrema (Hudsonville)10	Hudsonville/dual.....	5/ 1/2018
5-5	Elizabeth Domres (Onkama)12	Frankfort/NWC .....	5/ 7/2018
5-5	Sophie Riemersma (Zeeland East)12	Zeeland/D2 State .....	6/ 2/2018
5-5	Alyssa Vandegriff (Fowler)11	Hudsonville/D4 State.....	6/ 2/2018
5-5	Lindsey Strutz (Hartland)10	Detroit/AAU Regional (hept).....	6/28/2018
5-4	Bridget McHugh (Muskegon Reeths-Puffer)11	Muskegon/tri.....	3/28/2018
5-4	Jordyn Carlyle (Fruitport)11	Fruitport/tri.....	4/11/2018
5-4	Ella Beringer (Grand Haven)11	Caledonia/dual .....	4/19/2018
5-4	Isabel Anderson (Petoskey	Petoskey/Kiwanis Inv .....	4/28/2018
5-4	Brooke Kilyk (Ortonville-Brandon)11	Flint/Cavalier Classic.....	5/ 4/2018
5-4	Hannah Hall (Millington)12	Green Devil .....	5/ 4/2018
5-4	Alexis Earley (GR West Michigan Aviation)11	Eagle Inv .....	5/ 8/2018
5-4	Macayla Harris (Salem)9	Canton/D1 Regional.....	5/18/2018
5-4	Jenna Doyle (Troy Athens)11	Warren/D1 Regional.....	5/18/2018
5-4	Bailey Morgret (Hillsdale)10	East Jackson/D3 Regional .....	5/19/2018
5-4	Crystal Goyette (Flint Powers)12	Saginaw/SVL.....	5/23/2018
5-4	Heather Meadows (Birmingham Seaholm)12	Kentwood/D1 State .....	6/ 2/2018
5-4	Gabrielle Newman (Ann Arbor MS)	Detroit/AAU Regional .....	6/30/2018

**Indoor Leader:**

5-9.5	Suenomi Norinh (Zeeland East)12	Grand Rapids/MITS .....	2/10/2018
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**POLE VAULT**

13-3	Jessica Mercier (Waterford Kettering)12	Farmington/New Balance Inv .....	5/ 5/2018
12-10	Mercier	Kentwood/D1 State .....	6/ 2/2018
12-9	Mercier	East Lansing/Midwest Meet .....	6/ 9/2018
12-7	Brianna Bredeweg (Allendale)10	Zeeland/D2 State .....	6/ 2/2018
12-6	Mercier	Rochester Hills/D1 Regional .....	5/18/2018
12-6	Mercier	Novi/Oakland County .....	5/25/2018
12-3	Avery Shell (Port Huron Northern)12	Macomb/MITCA D1 .....	5/26/2018
12-2.5	Calli Ostapowicz (Hudsonville)12	Greensboro/New Balance .....	6/15/2018
12-2.5	Nicole Bow (Dexter)11	Greensboro/New Balance .....	6/15/2018
12-2.5	Victoria Faber (Canton)12	Greensboro/New Balance .....	6/15/2018
12-2	Colleen Campbell (Lake Orion)12	Oxford/dual.....	5/ 2/2018
12-2	Cate Visscher (Livonia Churchill)11	Livonia/Churchill Field .....	5/22/2018
12-0	Tricia Pierce (Ortonville-Brandon)11	Novi/Oakland County .....	5/25/2018
12-0	Madison Wright (Dexter)12	Dexter/dual.....	4/10/2018
11-10	Emily Caragay (Plymouth)12	Plymouth/dual .....	5/ 8/2018
11-9	Ellie Zimmermann (Hartland)12	Kentwood/D1 State .....	6/ 2/2018
11-6	Anna Harmeling (Boyne City)12	Petoskey/Kiwanis Inv .....	4/28/2018
11-6	Sidney Heugel (Allendale)9	Allendale/OK Blue .....	5/14/2018
11-6	Katie Clifford (GR West Catholic)9	Comstock Park/Metro Health .....	5/23/2018
11-3	Myah Kelly (Corunna)12	Corunna/D2 Regional.....	5/18/2018
11-3	Sarah Griffin (Lake Orion)10	Novi/Oakland County .....	5/25/2018
11-3	Teaghan Holman (Dexter)10	Dexter/Steeb Inv .....	5/29/2018
11-0	Allison Dolan (Goodrich)10	Corunna/D2 Regional.....	5/18/2018
11-0	Tyler Fugate (Tecumseh)11	Milan/D2 Regional.....	5/19/2018
11-0	Jael Wood (Mason County Central)10	Muskegon/WM All-Star.....	5/23/2018

**LONG JUMP**

18-7	Paige Sanders (Plymouth)12	Plymouth/KLAA .....	5/11/2018
18-6	Sanders	Dexter/Steeb Inv .....	5/29/2018
18-4.5	Sanders	Canton/D1 Regional.....	5/18/2018
18-4.25	Clare McNamara (Northville)10	Livonia/dual .....	5/ 1/2018



18-1.75	Suenomi Norinh (Zeeland East)12	Zeeland/D2 State .....	6/ 2/2018
18-1	McNamara	Saline/Golden Triangle.....	5/ 4/2018
18-1	Harlie Sweet (Onsted)12	Onsted/Lenawee County.....	5/29/2018
18-1	Tori Carroll (Detroit Cass Tech)11	Detroit/AAU Regional.....	6/30/2018
17-11	Erin McCallum (Northville)12	East Lansing/Spartan Classic .....	4/27/2018
17-9.5	Olivia Lopez (Bloomfield Hills)12	Farmington/New Balance Inv .....	5/ 5/2018
17-9.5	Marr Day'Anna (Adrian)9	Zeeland/D2 State .....	6/ 2/2018
17-6.25	Kennedy Jackson (Walled Lake Western)10	Walled Lake/City .....	5/ 5/2018
17-6	Zoe Madden (Grosse Pointe North)10	Saline/Golden Triangle.....	5/ 4/2018
17-5.75	Haven Essien (Salem)12	Farmington/New Balance Inv .....	5/ 5/2018
17-5.5	Kassidy Burnside (Grand Haven)12	Grand Haven/D1 Regional .....	5/18/2018
17-5.25	Gabrielle Jeffries (Bloomfield Hills East MS)7	Des Moines/AAU Junior Olympics (-2.5)....	8/ 2/2018
17-5	Morgan Witzgall (Bay City Western)11	Midland/D1 Regional.....	5/18/2018
17-4.75	Jamie Kirkwood (North Branch)11	Caro/Thumb Area MOC .....	5/29/2018
17-4.5	Imani Moultrie (Livonia Churchill)11	Canton/D1 Regional.....	5/18/2018
17-4.25	Jessica Robach (Williamston)	Williamston/dual .....	5/ 1/2018
17-3.75	Robin LeFevere (Imlay City)11	Caro/Thumb Area MOC .....	5/29/2018
17-3.75	Katie Vanhavel (Hillsdale Academy)11	Hudsonville/D4 State.....	6/ 2/2018
17-2.5	Lesley Barker (Portland)11	Mason/D2 Regional.....	5/18/2018
17-2	Braely Herrema (Hudsonville)10	Hudsonville/dual.....	3/27/2018
17-2	Zariya Suggs (Berrien Springs)10	Niles/quad .....	4/11/2018
17-2	Claire Matthews (Auburn Hills Avondale)10	Bloomfield Hills/OAA White .....	5/ 9/2018
17-2	Lexi Mort (Corunna)11	Zeeland/D2 State .....	6/ 2/2018
17-1.5	Qe'Neisha Young (East Kentwood)10	Hudsonville/dual.....	4/19/2018

**Wind-aided:**

18-7.5	Clare McNamara (Northville)10	Kentwood/D1 State (3.2).....	6/ 2/2018
18-6.5	Kennedy Jackson (Walled Lake Western)10	Milford/D1 Regional.....	5/18/2018
18-5	Serena Varner (Ypsilanti Lincoln)12	Saline/D1 Regional .....	5/18/2018
18-2	Erin McCallum (Northville)12	Milford/D1 Regional.....	5/18/2018
17-10.75	Sasha Greene (Grand Blanc)10	Rochester Hills/D1 Regional .....	5/18/2018
17-8.5	Morgan Kaminski (Monroe)10	Saline/D1 Regional .....	5/18/2018
17-8	Kalyn Willis (Woodhaven)12	Saline/D1 Regional .....	5/18/2018
17-5	Lexi Mort (Corunna)11	Corunna/D2 Regional.....	5/18/2018
17-4.75	Ella Suliman (Grass Lake)12	East Jackson/D3 Regional .....	5/19/2018
17-4.5	Mauriya Barnes (East Kentwood)11	Kentwood/D1 State (3.6).....	6/ 2/2018
17-4	Morgan Witzgall (Bay City Western)11	Kentwood/D1 State (4.1).....	6/ 2/2018
17-3	Mackenzie Brigham (Fowlerville)11	Corunna/D2 Regional.....	5/18/2018

**TRIPLE JUMP**

32-10.5	Gabrielle Jeffries (Bloomfield Hills East)7	Des Moines/AAU Junior Olympics (-0.5)....	7/31/2018
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**SHOT**

49-11.75	Corinne Jemison (East Kentwood)12	Kentwood/D1 State .....	6/ 2/2018
48-3.25	Malin Smith (Lansing Waverly)12	Greensboro/New Balance .....	6/ 17/2018
48-1	Smith	Lansing/vs Mason .....	5/ 8/2018
47-9.75	Jemison	Kentwood/D1 State (!).....	6/ 2/2018
47-6	Smith	East Lansing/Greater Lansing.....	5/29/2018
47-2.5	Jemison	Greensboro/New Balance .....	6/ 17/2018
46-11.75	Smith	Greensboro/New Balance (!).....	6/ 17/2018
46-10.5	Jemison	Lansing/D1 Regional.....	5/18/2018
46-8.5	Smith	Lansing/D1 Regional.....	5/18/2018
46-1.5	Jemison	Kentwood/D1 State (!).....	6/ 2/2018
46-0.5	Jemison	Greensboro/New Balance (!).....	6/ 17/2018
45-1.25	Jemison	Kentwood/D1 State (!).....	6/ 2/2018
45-6.5	Smith	Kentwood/D1 State .....	6/ 2/2018
45-6.25	Smith	Greensboro/New Balance (!).....	6/ 17/2018
45-6	Smith	Haslett/CAAC Red .....	5/23/2018
44-10	Jasmine Clerkley (Okemos)10	Kentwood/D1 State .....	6/ 2/2018
44-7.5	Alicia Aldrich (Beaverton)12	Comstock Park/D3 State.....	6/ 2/2018
43-9.25	Amanda Schaare (Clinton)12	Comstock Park/D3 State.....	6/ 2/2018
43-8	Valadian Pallett (Farmington)9	Birmingham/dual .....	5/ 2/2018
43-2	Sarah Marvin (Byron)9	Bath/D3 Regional.....	5/18/2018

42-5	Brianna Copley (Whitehall)12	Zeeland/D2 State .....	6/ 2/2018
41-10.5	Ashley Micheaux (Wayne Memorial)11	Des Moines/AAU Junior Olympics .....	8/ 1/2018
41-7.5	Aliyah Boeve (Zeeland East)11	Grand Rapids/MITCA D2 .....	5/26/2018
41-5	Katy LeWalk (Dearborn Divine Child)12	Grand Rapids/MITCA D2 .....	5/26/2018
40-10.25	Lillian Albaugh (Farwell)12	Comstock Park/D3 State .....	6/ 2/2018
40-10	Allie Vanous (Litchfield)12	Litchfield/Jamboree .....	4/25/2018
40-9.5	Faith Weide (Alpena)11	Alpena/News Honor Roll .....	5/29/2018
40-4	Lyniah Wilson (Salem)11	Farmington/New Balance Inv .....	5/ 5/2018
40-1	Mahogany Wells (Lansing Sexton)11	Kalamazoo/Lukens Inv .....	4/27/2018
40-0	Mackenzie Ramey (Flint Keasley)11	Frankenmuth/Marcet Inv .....	4/20/2018

## DISCUS

164-4	Corinne Jemison (East Kentwood)12	East Lansing/Midwest Meet .....	6/ 9/2018
163-9	Malin Smith (Lansing Waverly)12	Kentwood/D1 State .....	6/ 2/2018
158-11	Jemison	Holland/OK Red .....	5/14/2018
155-0	Smith	Flint/Cavalier Classic.....	5/ 4/2018
153-11	Smith	East Lansing/Midwest Meet .....	6/ 9/2018
151-9	Jemison	Lansing/D1 Regional.....	5/18/2018
150-6	Jemison	Kentwood/D1 State .....	6/ 2/2018
148-2	Jemison	Greensboro/New Balance .....	6/16/2018
146-10	Smith	East Lansing/Greater Lansing.....	5/29/2018
145-0	Smith	Lansing/dual.....	4/24/2018
144-6	Amanda Schaare (Clinton)12	East Jackson/D3 Regional .....	5/19/2018
143-2	Aliyah Boeve (Zeeland East)11	Hamilton/OK Green .....	5/14/2018
143-1	Valadian Pallett (Farmington)9	Kentwood/D1 State .....	6/ 2/2018
138-1	Kaleigh Flowers (East Kentwood)12	Rockford/dual .....	5/ 3/2018
137-11	Bethany Wilson (Midland)12	Midland/tri.....	5/14/2018
137-4	Alexandra Isaac (Flint Powers)12	Saginaw/tri .....	4/24/2018
137-0	Allie Filiatraut (Dearborn Divine Child)12	Grand Rapids/MITCA D2 .....	5/26/2018
136-3	Makayla Rawls (Birmingham Seaholm)11	Waterford/Ashley-Brennan Relays .....	4/29/2018
135-0	Taylor Waterway (Zeeland East)11	Zeeland/D2 State .....	6/ 2/2018
134-6	Emma Stephayn (Lawton)12	SAC Valley .....	5/ 14/2018
134-3	Olivia Kraft (Zeeland West)12	Hamilton/dual .....	4/24/2018
133-0	Jenna Breuker (Forest Hills Eastern)12	Grand Rapids/D2 Regional .....	5/18/2018
132-10	Allie Vanous (Litchfield)12	Hudsonville/D4 State.....	6/ 2/2018
132-0	Olivia O'Brien (Waterford Kettering)12	White Lake/Coaches Inv .....	4/28/2018
131-3	Belle Okorafo (East Kentwood)9	Kentwood/D1 State .....	6/ 2/2018
130-5	Emily Droski (Macomb Dakota)12	Dexter/April Showers .....	4/21/2018

## HAMMER

104-2	Valadian Pallet (Farmington)9	Olivet/USATF Junior Olympic Regional.....	7/ 8/2018
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## JAVELIN

121-2	Valadian Pallet (Farmington)9	Des Moines/AAU Junior Olympics .....	8/ 2/2018
114-10	Pallet	Olivet/USATF Junior Olympic Regional.....	7/ 8/2018
113-11	Sarah Marvin (Byron)9	Ashland .....	6/ 5/2018
104-1	Marvin	Greensboro/New Balance .....	6/15/2018
109-2	Betsy Cook (Freeland)12	Detroit/AAU Regional .....	6/30/2018
106-8	Lindsey Strutz (Hartland)10	Detroit/AAU Regional .....	6/30/2018
95-10	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance (hept).....	6/16/2018
90-7	Kayla Rollins (Ann Arbor Pioneer)9	Detroit/AAU Regional .....	6/30/2018

## HEPTATHLON

4809	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance .....	6/16/2018
	(14.56 [2.2], 5-6, 34-0.75, 26.53 [0.0], 16-9.25 [1.4], 95-10, 2:27.67)		
3985	Lindsey Strutz (Hartland)10	Detroit/AAU Regional .....	6/28/2018
	(18.06, 5-5, 33-6.75, 27.80, 15-0.75, 99-6, 2:39.17)		
3592	Gabriella Newman (Ann Arbor MS)8	Des Moines/AAU Junior Olympics .....	7/29/2018
	(15.86 [-0.8], 5-5, 19-9.5, 28.12 [-1.4], 13-11 [0.3], 43-11, 2:34.29)		
3528	Jayla Walton (Detroit Renaissance)10	Des Moines/AAU Junior Olympics .....	7/29/2018
	(15.15 [-1.4], 4-11, 24-11.25, 26.45 [-1.7], 15-0.75 [-0.8], 59-10, 3:14.05)		
2834	Abigail Britz (Port Huron Northern)10	Detroit/AAU Regional .....	6/28/2018

	(19.97, 4-5, 23-8, 27.73, 13-8.75, 69-4, 2:55.41)		
2733	Zoe Madden (Grosse Pointe North)10	Detroit/AAU Regional .....	6/28/2018
	(21.32, 4-5, 20-0.5, 27.27, 16-6.5, 51-11, 3:04.93)		
2634	Anna VanderHeuvel (Port Huron Northern)12	Detroit/AAU Regional .....	6/28/2018
	(20.16, 4-1.25, 29-10.75, 29.53, 11-4, 72-4, 2:48.19)		
2427	Zion Alford (Beverly Hills Grove)9	Des Moines/AAU Junior Olympics .....	7/29/2018
	(19.89 [-1.0], 4-3.25, 23-9, 29.20 [1.1], 10-6 [0.9], 57-0, 2:52.72)		
2205	Uchechi Mbonu (Detroit Cass Tech)10	Des Moines/AAU Junior Olympics .....	7/29/2018
	(19.73 [-0.8], 4-1.25, 22-9.25, 29.75 [-1.6], 12-6 [1.5], 45-5, 3:13.62)		
1877	Tessa VanderHeuvel (Port Huron Northern)9	Detroit/AAU Regional .....	6/28/2018
	(40.23, 3-7.25, 21-2, 31.48, 11-10.5, 53-3, 2:44.11)		

**4 x 100 RELAY**

47.28	Oak Park	Novi/Oakland County .....	5/25/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Jada Roundtree)		
47.42	Detroit Renaissance	Kentwood/D1 State .....	6/ 2/2018
	(Imani Jackson, Donae' Adams, Paige Chapman, Mizan Thomas)		
47.50	Detroit Renaissance	West Bloomfield/D1 Regional.....	5/19/2018
	(Makylah Slappy, Donae' Adams, Paige Chapman, Mizan Thomas)		
47.54	Oak Park	Dearborn/Carpenter Inv .....	5/ 5/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Jada Roundtree)		
47.68	Oak Park	West Bloomfield/D1 Regional.....	5/19/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)		
47.95	Oak Park	Ferdale/OAA Gold .....	5/ 9/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)		
47.96	Oak Park	Kentwood/D1 State .....	6/ 2/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)		
47.98	East Kentwood	Greensboro/New Balance .....	6/16/2018
	(Daijah Collier, Taylor Kyle, Sarinity Bracey, Qe'Neisha Young)		
48.09	Rockford	Kentwood/D1 State .....	6/ 2/2018
	(Valencia Goldsmith, Casey Lenon, Abby Nash, Jillian Roney)		
48.25	East Kentwood	Macomb/MITCA D1 .....	5/26/2018
	(Daijah Collier, Taylor Kyle, Sarinity Bracey, Qe'Neisha Young)		
48.44	Detroit Renaissance	Dearborn Heights/Charger .....	4/28/2018
	(Makylah Slappy, Donae' Adams, Deshonda Johnson, Mizan Thomas)		
48.45	Rockford	Macomb/MITCA D1 .....	5/26/2018
	(Abby Nash, Casey Lenon, Grace Gohl, Jillian Roney)		
48.55	East Kentwood	Lansing/D1 Regional.....	5/18/2018
	(Daijah Collier, Taylor Kyle, Sarinity Bracey, Belle Okorafo)		
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48.63	Lake Orion	Kentwood/D1 State .....	6/ 2/2018
	(MaKayla Allen, Madison Eaton, Shantel Stanley, Melissa Symons)		
48.92	Detroit Country Day	Novi/Oakland County .....	5/25/2018
	(Jasmine Powell, Destini Lewis, Ahvon Mitchell, Alexis Officer)		
48.97	Westland Glenn	Canton/D1 Regional.....	5/18/2018
49.02	Northville	Kentwood/D1 State .....	6/ 2/2018
	(Claire Wan, Melanie Sarafian, Lauren Marshall, Erin McCallum)		
49.02	Jackson	Kentwood/D1 State .....	6/ 2/2018
49.30	Plymouth	Canton/D1 Regional.....	5/18/2018
49.32	Ypsilanti Lincoln	Kentwood/D1 State .....	6/ 2/2018
49.40	Lansing Waverly	Kentwood/D1 State .....	6/ 2/2018
49.55	Grand Rapids Ottawa Hills	Kentwood/D1 State .....	6/ 2/2018
	(Myle Moody, Naomi Robinson, Miyakei Brooks, Eurasia Green-Boyd)		
49.57	St Charles	Comstock Park/D3 State .....	6/ 2/2018
	(Najiyah Holden, Hope Kushion, Celine Whiren, Mikayla Williams)		
49.60	Bloomfield Hills	Novi/Oakland County .....	5/25/2018
	(Briana Wooten, Leah Moir, Olivia Lopez, Camryn Luyckx)		
49.65	West Bloomfield	Kentwood/D1 State .....	6/ 2/2018
	(Jordan Abston, Jordan Harvey, Nysja Clark, Katie Rush)		
49.67	St Clair Shores South Lake	Zeeland/D2 State .....	6/ 2/2018
	(Miya Rogan, Faith Terry, Maya Law, JaNae Turner)		

49.73	Brighton	Milford/D1 Regional.....	5/18/2018
	(Brooke Gray, Kennedy Smiht, Felesity Norris, Maddie Vernon)		
49.73	Macomb Dakota	Kentwood/D1 State .....	6/ 2/2018
49.75	Saline	Dexter/Steeb Inv .....	5/29/2018
(48.60/50.00)			

**4 x 200 RELAY**

1:38.58	Oak Park	West Bloomfield/D1 Regional.....	5/19/2018
	(Miyah Brooks, Riley Donaldson, Kourtney Kennard, Jada Roundtree)		
1:39.54	Oak Park	Novi/Oakland County .....	5/25/2018
	(Miyah Brooks, Jada Roundtree, Kourtney Kennard, Riley Donaldson)		
1:39.64	Detroit Renaissance	West Bloomfield/D1 Regional.....	5/19/2018
	(Imani Jackson, Donae' Adams, Arinn Hayes, Mizan Thomas)		
1:39.91	Detroit Renaissance	Kentwood/D1 State .....	6/ 2/2018
	(Makylah Slappy, Mizan Thomas, Paige Chapman, Donae' Adams)		
1:40.27	Oak Park	Jackson/Janke Inv.....	4/27/2018
	(Miyah Brooks, Jada Roundtree, Janae Barksdale, Aasia Laurencin)		
1:41.06	Oak Park	Ferndale/OAA Gold .....	5/ 9/2018
	(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Jada Roundtree)		
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1:41.18	Rockford	Kentwood/D1 State .....	6/ 2/2018
1:42.18	East Kentwood	Rockford/dual .....	5/ 3/2018
1:42.63	Northville	Kentwood/D1 State .....	6/ 2/2018
1:43.39	Westland Glenn	Canton/D1 Regional.....	5/18/2018
1:43.49	Grand Blanc	Kentwood/D1 State .....	6/ 2/2018
	(Sasha Greene, Camille Minner, Maria Smiley, Alexis Williams)		
1:44.11	Grand Haven	Kentwood/D1 State .....	6/ 2/2018
	(Kassidy Burnside, McKenna Keefe, Kate Criswell-North, Jenny Ryan)		
1:44.30	Lansing Waverly	East Lansing/Greater Lansing.....	5/29/2018
1:44.57	Saline	Kentwood/D1 State .....	6/ 2/2018
1:44.63	Holt	Kentwood/D1 State .....	6/ 2/2018
	(Nia Grant, Isabel Abdouch, Kyndall Gray, Allyjah Demmers)		
1:44.97	St Charles	Comstock Park/D3 State .....	6/ 2/2018
1:44.99	Ann Arbor Skyline	Dexter/Steeb Inv .....	5/29/2018
1:45.06	Bloomfield Hills	Novi/Oakland County .....	5/25/2018
1:45.10	Detroit Country Day	Zeeland/D2 State .....	6/ 2/2018
1:45.79	Jackson	Okemos/CAAC Blue.....	5/23/2018
1:45.92	Onsted	Comstock Park/D3 State .....	6/ 2/2018
1:45.97	Troy	Bloomfield Hills/OAA White .....	5/ 9/2018
1:45.98	Grosse Pointe South	Kentwood/D1 State .....	6/ 2/2018
1:45.99	Ann Arbor Pioneer	Ann Arbor/dual .....	5/ 7/2018
(1:41.0/1:45.07)			

**4 x 400 RELAY**

3:51.01	Oak Park	Kentwood/D1 State .....	6/ 2/2018
	(Makayla Gates, Jayla Jones, Mariyah Archibald, Dorriann Coleman)		
3:52.56	Oak Park	Novi/Oakland County .....	5/25/2018
	(Makayla Gates 59.9, Jada Roundtree 55.7, Jayla Jones 58.2, Dorriann Coleman 58.8)		
3:55.33	Northville	Kentwood/D1 State .....	6/ 2/2018
	(Abby Dunn, Savannah Manley, Yasmine Affes, Clare McNamara)		
3:56.66	Oak Park	West Bloomfield/D1 Regional.....	5/19/2018
3:56.75	Rockford	Kentwood/D1 State .....	6/ 2/2018
3:57.69	Lake Orion	Kentwood/D1 State .....	6/ 2/2018
3:58.08	Holland Christian	Holland/Ins Relays .....	5/ 5/2018
	(Michelle Kuipers, Elizabeth Bruxvoort, Kayla Windemuller, Madylin VanderZwaag)		
3:58.14	Bay City Western	Kentwood/D1 State .....	6/ 2/2018
	(Karissa Picard, Morgan Witzgall, Jenna Picard, Sydney Nesbitt)		
3:59.67	Ann Arbor Skyline	Kentwood/D1 State .....	6/ 2/2018
4:00.50	Ann Arbor Pioneer	Saline/Golden Triangle .....	5/ 5/2018
4:01.05	Rochester Hills Stoney Creek	Kentwood/D1 State .....	6/ 2/2018
4:01.53	Macomb Dakota	Kentwood/D1 State .....	6/ 2/2018
	(Jessica Bennett, Alexa Hempel, McKenna Wojcicki, Airiana Louie-Cameron)		

4:01.58	Grand Blanc	Kentwood/D1 State .....	6/ 2/2018
4:01.64	Troy	Novi/Oakland County .....	5/25/2018
4:01.67	Detroit Renaissance	Kentwood/D1 State .....	6/ 2/2018
4:01.90	Jackson Lumen Christi (Renae Kutcha, Allison Rand, Marilyn Schonhard, Audrey Warriner)	Comstock Park/D3 State .....	6/ 2/2018
4:02.59	Grand Haven	Kentwood/D1 State .....	6/ 2/2018
4:03.06	Rochester Adams	Rochester Hills/D1 Regional .....	5/18/2018
4:03.22	Canton	Canton/D1 Regional .....	5/18/2018
4:03.38	Adrian Madison	Comstock Park/D3 State .....	6/ 2/2018
4:03.40	Pewamo-Westphalia	East Lansing/Greater Lansing .....	5/29/2018
4:04.08	Milford	Milford/D1 Regional .....	5/18/2018
4:04.16	Rochester	Kentwood/D1 State .....	6/ 2/2018
4:04.18	Grand Ledge	Kentwood/D1 State .....	6/ 2/2018
4:04.25	St Johns	East Lansing/Greater Lansing .....	5/29/2018
4:04.91	Holland Christian	Allendale/D2 Regional .....	5/19/2018
<b>Indoor Leader:</b>			
3:45.91	Oak Park (MCTC)	New York/New Balance Nationals .....	3/11/2018
(3:54.0/4:02.42)			

#### 4 x 800 RELAY

9:04.23	Oak Park (Dorriann Coleman 2:13.57, Jayla Jones 2:15.51, Makayla Gates 2:20.09, Mariyah Archibald 2:15.07)	Greensboro/New Balance .....	6/16/2018
9:08.75	Oak Park (Dorriann Coleman, Jayla Jones, Makayla Gates, Mariyah Archibald)	Kentwood/D1 State .....	6/ 2/2018
9:10.01	Holland Christian (Michelle Kuipers, Elizabeth Bruxvoort, Madylin VanderZwaag, Kayla Windemuller)	Zeeland/D2 State .....	6/ 2/2018
9:10.46	Rockford (Camryn Gabriel, Caleigh Dunn, Karlie Gardner, Ericka VanderLende)	Kentwood/D1 State .....	6/ 2/2018
9:11.88	Oak Park (Dorriann Coleman, Jayla Jones, Makayla Gates, Mariyah Archibald)	Novi/Oakland County .....	5/25/2018
9:12.63	Ann Arbor Pioneer (Sophia Cunningham, Zofia Dudek, Kimberly Cernej-Garcia, Anne Forsyth)	Kentwood/D1 State .....	6/ 2/2018
9:14.33	Troy (Lauren Fulcher, Hannah Palomino, Meghan Monaghan, Megan Worrel)	Kentwood/D1 State .....	6/ 2/2018
9:16.35	Troy (Hannah Palomino 2:18.31, Lauren Fulcher 2:16.48, Paige Anderson 2:30.23, Megan Worrel 2:11.35)	Greensboro/New Balance .....	6/16/2018
9:16.81	Bay City Western (Ashlyn Nagel, Karissa Picard, Jenna Picard, Sydney Nesbitt)	Kentwood/D1 State .....	6/ 2/2018
9:18.00	Birmingham Seaholm (Emily Rooney, Megan Clifford, Audrey DaDamio, Rachel McCardell)	Kentwood/D1 State .....	6/ 2/2018
9:18.33	Lake Orion	Rochester Hills/D1 Regional .....	5/18/2018
9:23.07	Traverse City West (Morgan Lyon, Maddy Dohm, Hannah Smith, Audrey Braund)	Kentwood/D1 State .....	6/ 2/2018
9:23.97	Northville	Kentwood/D1 State .....	6/ 2/2018
9:24.01	Rochester	Rochester Hills/D1 Regional .....	5/18/2018
9:26.89	Clarkston	Rochester Hills/D1 Regional .....	5/18/2018
9:27.74	Milford	Milford/D1 Regional .....	5/18/2018
9:27.97	Rochester Adams	Kentwood/D1 State .....	6/ 2/2018
9:30.61	Ann Arbor Skyline	Saline/D1 Regional .....	5/18/2018
9:32.49	Lansing Catholic	East Lansing/Greater Lansing .....	5/29/2018
9:32.67	Hart	Comstock Park/D3 State .....	6/ 2/2018
9:33.75	Pewamo-Westphalia	Comstock Park/D3 State .....	6/ 2/2018
9:34.06	Traverse City St Francis	Comstock Park/D3 State .....	6/ 2/2018
9:34.50	Farmington	West Bloomfield/D1 Regional .....	5/19/2018
9:35.47	Forest Hills Northern (9:18.14/9:35.74)	Kentwood/D1 State .....	6/ 2/2018

#### 4 x 1600 RELAY

20:43.16+	Lansing Catholic (Lauren Cleary 5:10.95, Jaden Theis 5:04.04, Rachel Reid 5:39.28, Olivia Theis 4:56.14)	Greensboro/New Balance (20:50.41) .....	6/17/2018
20:48.24+	Troy (Hannah Palomino 5:09.54, Lauren Fulcher 5:19.80, Meghan Monaghan 5:20.50, Megan Worrel 5:05.68)	Greensboro/New Balance (20:55.52) .....	6/17/2018

21:38.9	Birmingham Seaholm (Emily Rooney, Audrey DaDamio, Reagan McNally, Rachel McCardell)	Waterford/Ashley-Brennan Relays .....	4/29/2018
21:49.4	Clarkston	Waterford/Ashley-Brennan Relays .....	4/29/2018
21:49.9	Troy	Waterford/Ashley-Brennan Relays .....	4/29/2018
22:07.4	Milford	Waterford/Ashley-Brennan Relays .....	4/29/2018
22:17.86	East Grand Rapids	Wyoming/Grimm Inv.....	4/28/2018
22:46.24	Grandville Calvin Christian	Wyoming/Grimm Inv.....	4/28/2018
22:59.0	Caledonia	Caledonia/Soderman Relays.....	4/21/2018
23:09.7	Lake Orion	Waterford/Ashley-Brennan Relays .....	4/29/2018
23:16.2	Otsego	Caledonia/Soderman Relays.....	4/21/2018
23:18.5	Rochester Hills Stoney Creek	Waterford/Ashley-Brennan Relays .....	4/29/2018
23:48.3	Rochester Adams	Waterford/Ashley-Brennan Relays .....	4/29/2018

### 800 SPRINT MEDLEY

1:48.47	Detroit Renaissance (Imani Jackson, Paige Chapman, Mizan Thomas, Donae Adams)	Dayton/Roosevelt Memorial .....	5/ 4/2018
1:48.83	Rockford (Abby Nash, Grace Gohl, Casey Lenon, Taylor Korotkowski 58.75)	Greensboro/New Balance .....	6/15/2018
1:49.02	Northville	Saline/Golden Triangle .....	5/ 4/2018
1:49.20	Ann Arbor Skyline	Ann Arbor/Last Chance .....	5/24/2018
1:49.20	Saline (Emily Cook, Greta Downey, Amera Boyd, Lauryn Hunt 57.42)	Greensboro/New Balance .....	6/17/2018
1:50.24	Saline	Ann Arbor/Last Chance .....	5/24/2018
1:50.99	Saline	Saline/Golden Triangle.....	5/ 4/2018
1:53.03	Grand Rapids Ottawa Hills	Holland/Ins Relays .....	5/ 5/2018
1:53.22	Grand Haven	Holland/Ins Relays .....	5/ 5/2018
1:53.58	Jackson	Saline/Golden Triangle.....	5/ 4/2018
1:53.82	Detroit Cass Tech	Dayton/Roosevelt Memorial .....	5/ 4/2018
1:54.11	Adrian	Ann Arbor/Last Chance .....	5/24/2018
1:54.29	Ypsilanti Lincoln	Ann Arbor/Last Chance .....	5/24/2018
1:54.71	Grosse Pointe South	Dexter/April Showers .....	4/21/2018
1:56.15	Ann Arbor Pioneer	Saline/Golden Triangle.....	5/ 4/2018

### 1000 SWEDISH RELAY

2:17.97	Rockford (Abby Nash, Grace Gohl, Casey Lenon, Taylor Korotkowski)	Greensboro/New Balance .....	6/15/2018
2:29.97	Grand Rapids Christian	Grand Rapids/Elite Challenge .....	4/28/2018
2:32.38	Grand Rapids Union	Grand Rapids/Elite Challenge .....	4/28/2018
2:35.94	Grand Rapids Ottawa Hills	Grand Rapids/Elite Challenge .....	4/28/2018

### 1200 SPRINT MEDLEY

3:01.74	Oak Park	Ortonville/Tri-County Inv.....	4/14/2018
3:08.1	Lake Orion	Ortonville/Tri-County Inv.....	4/14/2018

### 1600 SPRINT MEDLEY

3:56.09	Oak Park (Asia Laurencin, Kourtney Kennard, Miyah Brooks, Dorriann Coleman 2:10.91)	Greensboro/New Balance .....	6/17/2018
4:16.24	East Kentwood (Mauriya Barnes, Qe-Neisha Young, Trinity Bracey, Sarah Stapleton 2:25.19)	Greensboro/New Balance .....	6/16/2018
4:21.30	Saline (Emily Cook, Greta Downey, Lauryn Hunt, Emma Cummings 2:28.72)	Greensboro/New Balance .....	6/15/2018
4:22.82	Ann Arbor Pioneer	Dexter/April Showers .....	4/21/2018
4:26.17	Detroit Renaissance	Dayton/Roosevelt Memorial .....	5/ 4/2018
4:36.66	Grand Blanc	Dexter/April Showers .....	4/21/2018
4:38.69	Macomb Dakota	Dexter/April Showers .....	4/21/2018
4:41.55	Bloomfield Hills Marion	White Lake/Coaches Inv .....	4/28/2018
4:42.52	Wayne Memorial	Dexter/April Showers .....	4/21/2018
4:42.59	Dexter	Dexter/April Showers .....	4/21/2018

### Indoor Leader:

4:09.42	Oak Park (MCTC)	Ypsilanti/MITS .....	1/28/2018
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### 2400 MEDLEY

6:58.4	Rochester Adams	Waterford/Ashley-Brennan Relays .....	4/29/2018
6:59.1	Waterford Mott	Waterford/Ashley-Brennan Relays .....	4/29/2018
7:01.4	Rochester Hills Stoney Creek	Waterford/Ashley-Brennan Relays .....	4/29/2018
7:07.8	Birmingham Seaholm	Waterford/Ashley-Brennan Relays .....	4/29/2018
7:12.0	Milford	Waterford/Ashley-Brennan Relays .....	4/29/2018

**DISTANCE MEDLEY**

12:19.91	Troy	Greensboro/New Balance .....	6/17/2018
	(Hannah Palomino 3:45.64, Lauren Fulcher 60.32, Meghan Monaghan 2:25.41, Megan Worrel 5:08.56)		
12:20.36	Lansing Catholic	Lansing/Catholic Relays.....	4/11/2018
	(Grace Frost, Jaden Theis, Lauren Cleary, Olivia Theis)		
12:25.35	Milford	Saline/Golden Triangle .....	5/ 4/2018
12:26.86	Clarkston	Dexter/April Showers .....	4/21/2018
12:30.07	Ann Arbor Pioneer	Dexter/April Showers .....	4/21/2018
12:33.4	Waterford Mott	Waterford/Ashley-Brennan Relays .....	4/29/2018
12:36.10	Lansing Catholic (O. Theis 4:50)	Olivet/Lions Relays .....	4/20/2018
12:37.99	Bay City Western	Greensboro/New Balance .....	6/17/2018
	(Sydney Nesbit 3:47.35, Grace Kendziorski 64.14, Jenna Picard 2:19.35, Ashlyn Nagel 5:27.15)		
12:40.01	Rochester	Greensboro/New Balance .....	6/17/2018
12:41.78	Pinckney	Dexter/April Showers .....	4/21/2018
12:44.57	Ann Arbor Skyline	Greensboro/New Balance .....	6/17/2018
12:51.13	Saline	Whitmore Lake/Trojan Relays .....	4/13/2018
13:02.51	Romeo	Dexter/April Showers .....	4/21/2018
13:06.5	Lake Orion	Waterford/Ashley-Brennan Relays .....	4/29/2018
<b>Indoor Leader:</b>			
11:55.41	Troy (Breen)	New York/New Balance Nationals .....	3/ 9/2018